

Reconstructive Lymphedema Surgery

**Tzou CHJ¹, Steinbacher J¹, Czedik-Eysenberg M¹,
Grablowitz V², Obermayer B²**

- ¹ Plastic and Reconstructive Surgery, Department of Surgery, Hospital of Divine Savior, Vienna, Austria
- ² Department of Surgery, Hospital of Divine Savior, Vienna, Austria

Disclosure

No conflicts of interest to report.

Introduction

Hospital of Divine Savior, Vienna, Austria



Established in 1935 by Nuns of Divine Savior in Vienna, Austria

Introduction

Hospital of Divine Savior, Vienna, Austria



Focus Lymphedema Surgery, Vascular Surgeries, General Surgery and Palliative Medicine,
Teaching Hospital of the Medical University of Vienna, Austria

History

Surgical Therapies of Lymphedema

- **Resective** surgical therapy
- **Reconstructive** surgical therapy

History

Resection Surgical Therapies of Lymphedema

- **1912** : Charles Charles' Procedure
- **1912** : Kondoleon Resection Deep Fascia
- **1918** : Sistrunk Resection Deep Fascia, Tissue
- **1936** : Homan Delayed Resection, Skin Graft
- **1967** : Thompson Resection, Debulk, Skin Flap

History

Resection Surgical Therapies of Lymphedema

- 1912 : Charles Charles' Procedure
- **1912** : Kondoleon Resection Deep Fascia
- **1918** : Sistrunk Resection Deep Fascia-Tissue
- **1936** : Homan Delayed Resection, Skin Graft
- **1967** : Thompson Resection, Debulk, Skin Flap

History

Surgical Therapies of Lymphedema

- Resective surgical therapy
- **Reconstructive** surgical therapy

History

Reconstructive Surgical Therapies of Lymphedema

- **1908** : Handley Silk Threads
- **1935** : Gillies Skin Flap
- **1956** : Kinmonth Omentum Flap
- **1966** : Goldsmith
- **1967** : De Los Santos
- **1987** : Kinmonth

History

Reconstructive Surgical Therapies of Lymphedema

- 1908 : Handley Silk Threads
- **1935** : Gillies Skin Flap
- **1956** : Kinmonth Omentum Flap
- **1966** : Goldsmith
- **1967** : De Los Santos
- **1987** : Kinmonth

History

Reconstructive Surgical Therapies of Lymphedema

- 1908 : Handley Silk Threads Methods
- 1935 : Gillies Skin Flap
- **1956** : Kinmonth Omentum Flap
- **1966** : Goldsmith
- **1967** : De Los Santos
- **1987** : Kinmonth

History

Reconstructive Microsurgical Therapies of Lymphedema

- **1960** : Jacobson Lymphovenous Anastomosis
- **1966** : Nielubowicz Lymphnode Vene Anastomosis
- **1969** : Yamada Lymphovenous Anastomosis
- **1977** : O´Brien Lymphovenous Anastomosis
- **1978** : Debny Lymphovenous Anastomosis

History

Reconstructive Microsurgical Therapies of Lymphedema

- 1960 : Jacobson Lymphovenous Anastomosis
- **1966** : Nielubowicz Lymphnode Vene Anastomosis
- **1969** : Yamada Lymphovenous Anastomosis
- **1977** : O´Brien Lymphovenous Anastomosis
- **1978** : Debny Lymphovenous Anastomosis

History

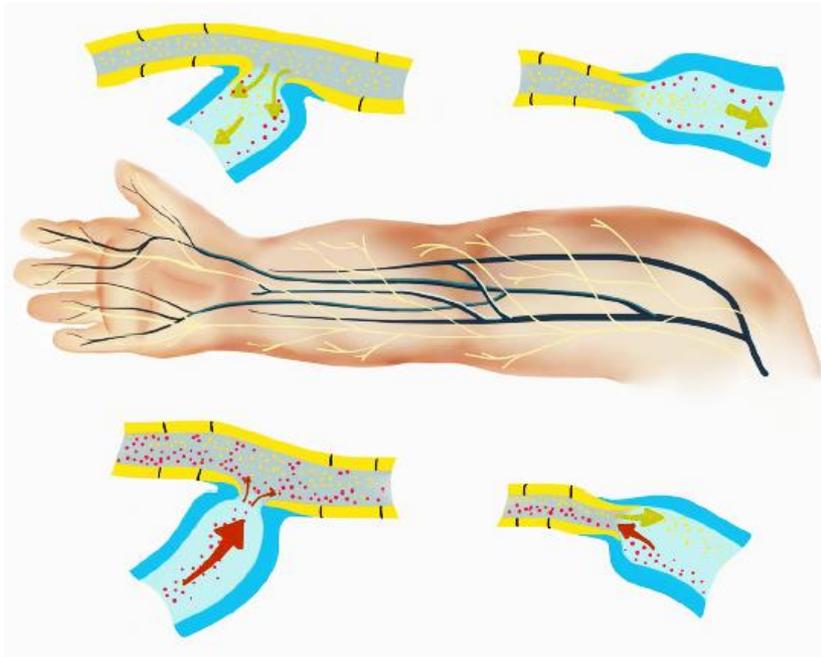
Reconstructive Microsurgical Therapies of Lymphedema

- 1960 : Jacobson Lymphovenous Anastomosis
- 1966 : Nielubowicz Lymphnode Vene Anastomosis
- **1969** : Yamada Lymphovenous Anastomosis
- **1977** : O´Brien Lymphovenous Anastomosis
- **1978** : Debny Lymphovenous Anastomosis

Present

Reconstructive **Super-Microsurgical** Therapies of Lymphedema

- **2000** : Koshima



Subdermal lymphatics to
subdermal venules

Super-Microsurgery
 $\text{Ø} < 0.8 \text{ mm}$

Rationale
Venous pressure is low in
subdermal venules

Koshima I, Inagawa K, Urushibara K, Moriguchi T. Supermicrosurgical lymphaticovenular anastomosis for the treatment of lymphedema in the upper extremities. J Reconstr Microsurg. Aug 2000;16(6):437-442.

Lymphovenous Anastomosis (LVA)

ICG Staging of Lymphedema



Linear
Linear



Splash Stardust Diffuse
Dermal Backflow (DB)

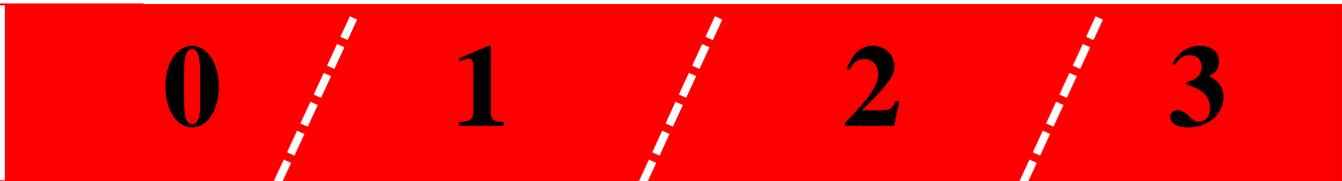
Yamamoto T, Narushima M, ... , Koshima I, Munding GS. Characteristic indocyanine green lymphography: the generation of a novel lymphedema severity staging system using dermal backflow patterns. *PRS*. May 2011;127(5):1979-1986.



Severity



ISL Stage

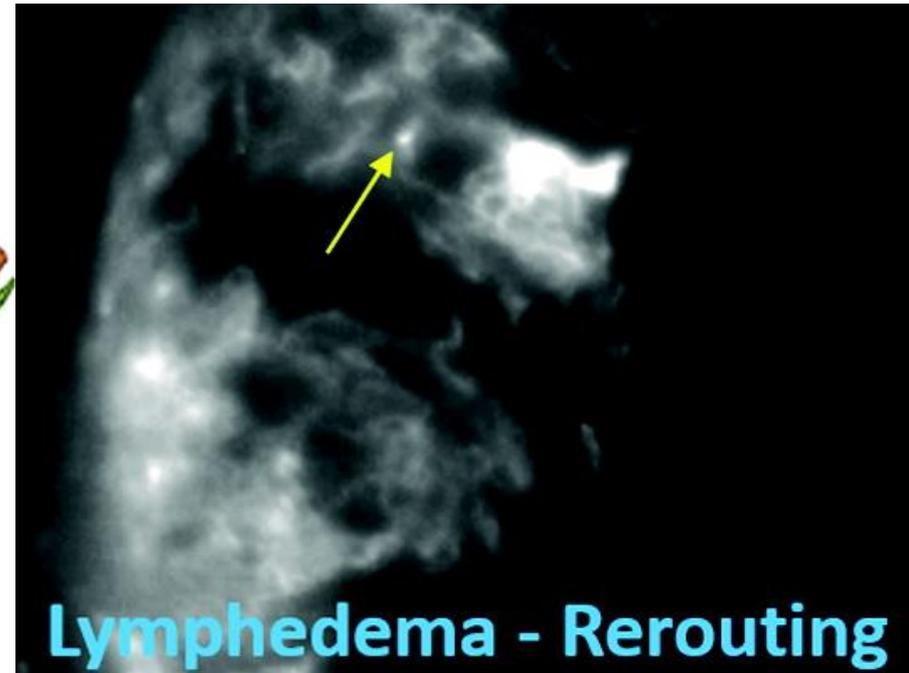
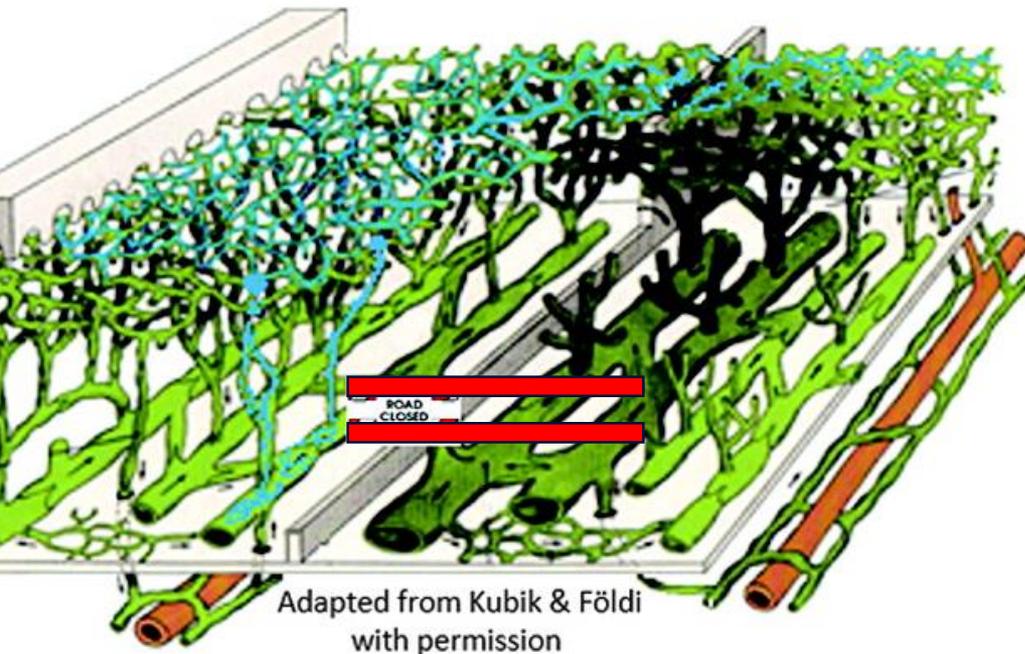


ICG



Lymphovenous Anastomosis (LVA)

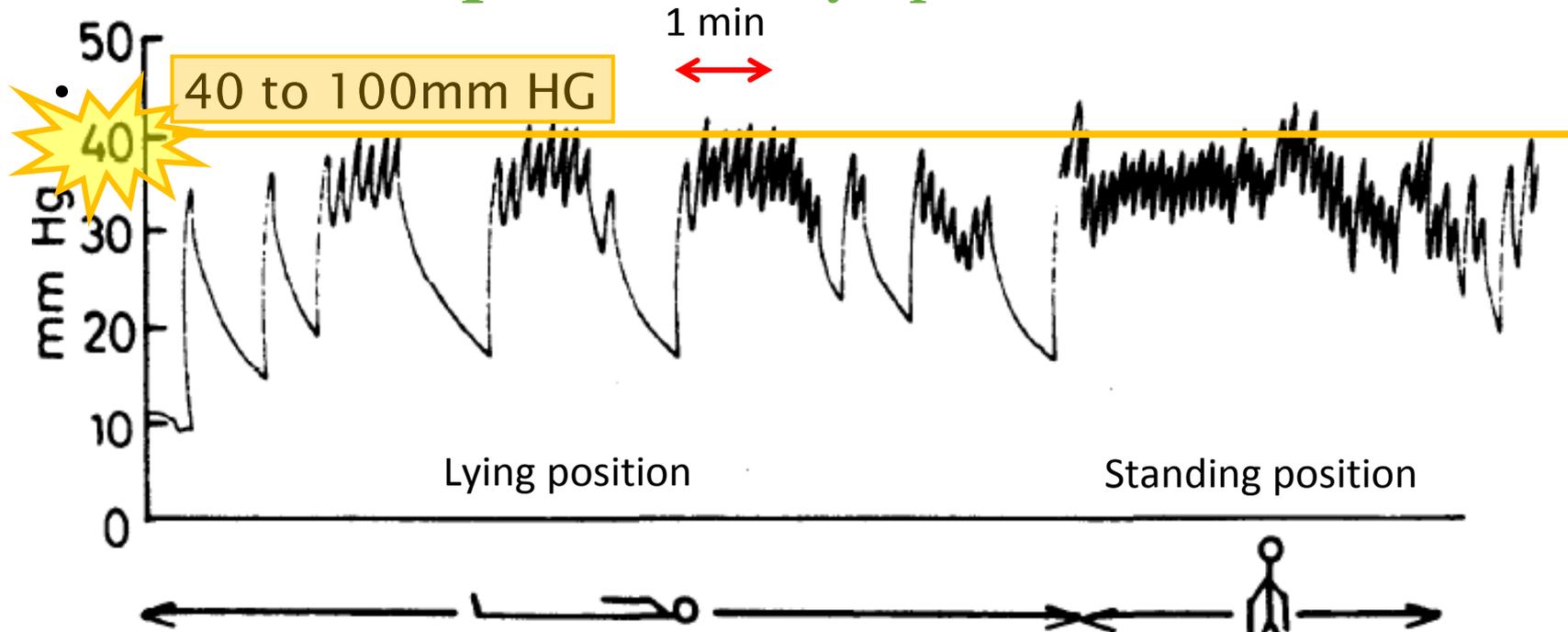
Dermal Backflow of lymphatic vessels



Belgrado JP, Vandermeeren L, ... , Liebens F. Lymphatic Imaging to Reconsider Occlusion Pressure of Superficial Lymphatic Collectors in Upper Extremities of Healthy Volunteers. *Lymphatic research and biology*. Jun 2016;14(2):70-77.

Lymphovenous Anastomosis (LVA)

Intraluminal pressure of lymphatic vessels

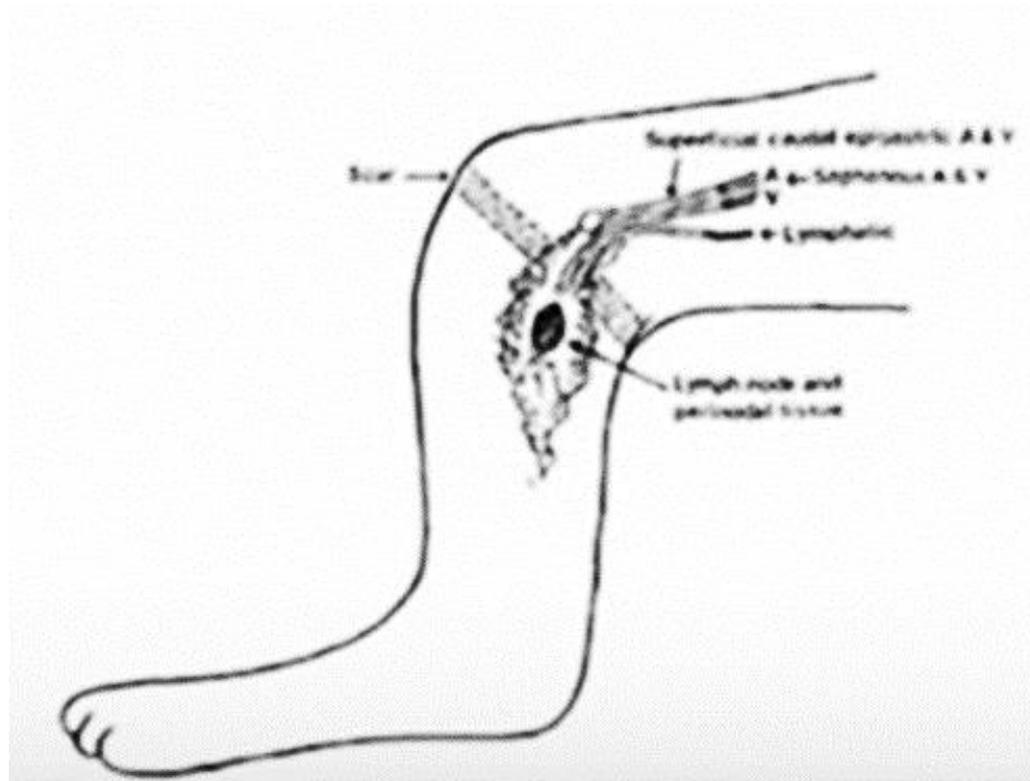


Belgrado JP, Vandermeeren L, ... , Liebens F. Lymphatic Imaging to Reconsider Occlusion Pressure of Superficial Lymphatic Collectors in Upper Extremities of Healthy Volunteers. *Lymphatic research and biology*. Jun 2016;14(2):70-77.

Olszewski WL, Engeset A. Intrinsic contractility of prenodal lymph vessels and lymph flow in human leg. *The American journal of physiology*. Dec 1980;239(6):H775-783.

Vascularized Lymphnode Transfer (VLNT)

1990 Lymphnode-Flaps as Therapies of Lymphedema



Chen HC, O'Brien BM, Rogers IW, Pribaz JJ, Eaton CJ. Lymph node transfer for the treatment of obstructive lymphoedema in the canine model. *British journal of plastic surgery*. 1990;43(5):578-586.

Vascularized Lymphnode Transfer (VLNT)

Lymphnode-Flaps as Therapies for Lymphedema



Contents lists available at SciVerse ScienceDirect

Gynecologic Oncology

journal homepage: www.elsevier.com/locate/ygyno



A novel approach to the treatment of lower extremity lymphedema by transferring a vascularized submental lymph node flap to the ankle[☆]

Ming-Huei Cheng^{a,*}, Ju-Jung Huang^a, Dung H. Nguyen^a, Michel Saint-Cyr^b, Michael R. Zenn^c,
Bien Keem Tan^d, Chyi-Long Lee^e

^a Division of Reconstructive Microsurgery, Department of Plastic and Reconstructive Surgery, Chang Gung Memorial Hospital, College of Medicine, Chang Gung University, Taoyuan, Taiwan

^b Department of Plastic Surgery, University of Texas Southwestern Medical Center at Dallas, TX, USA

^c Division Plastic Surgery, Duke University Medical Center, Durham, NC, USA

^d Division of Plastic Surgery, Singapore General Hospital, Singapore

^e Division of Gynecologic Endoscopy, Department of Obstetrics and Gynecology, Chang Gung Memorial Hospital, College of Medicine, Chang Gung University, Taoyuan, Taiwan

Cheng MH, Huang JJ, Nguyen DH, Saint-Cyr M, Zenn MR, Tan BK, Lee CL. A novel approach to the treatment of lower extremity lymphedema by transferring a vascularized submental lymph node flap to the ankle. *Gynecologic oncology*. Jul 2012;126(1):93–98. <http://www.ncbi.nlm.nih.gov/pubmed/22516659>

Vascularized Lymphnode Transfer (VLNT)

Vascularized **Submental** Lymphnode Transfer (VLNT)



Surgical Anatomy of the Vascularized **Submental Lymph Node Flap**: Anatomic Study of Correlation of Submental Artery Perforators and Quantity of Submental Lymph Node

CHIEH-HAN J. TZOU, MD,^{1*} STEFAN MENG, MD,² TINHOFER INES, MD,¹ LUKAS REISSIG, MD,² URSULA PICHLER, MD,¹ JOHANNES STEINBACHER, MD,¹ IGOR PONA, MD,¹ JULIA ROKA-PALKOVITS, MD,¹ THOMAS RATH, MD,¹ WOLFGANG J. WENINGER, MD,² AND MING-HUEI CHENG, MD³

¹Division of Plastic and Reconstructive Surgery, Department of Surgery, Medical University of Vienna, Vienna, Austria

²Department of Systematic Anatomy, Institute of Anatomy, Center for Anatomy and Cell Biology, Medical University of Vienna, Austria

³Division of Reconstructive Microsurgery, Department of Plastic and Reconstructive Surgery, Center for Tissue Engineering, Chang Gung Memorial Hospital, College of Medicine, Chang Gung University, Taoyuan, Taiwan

Tzou CH, Meng S, et al.. Surgical anatomy of the vascularized submental lymph node flap: Anatomic study of correlation of submental artery perforators and quantity of submental lymph node. *Journal of surgical oncology*. Jun 23 2016.

Vascularized Lymphnode Transfer (VLNT)

Vascularized **Supraclavicular** Lymphnode Transfer (VLNT)



The Surgical Anatomy of the **Supraclavicular Lymph Node Flap**: A Basis for the Free Vascularized Lymph Node Transfer

JOHANNES STEINBACHER, MD,^{1,2} INES E. TINHOFFER, MD,^{1,2} STEFAN MENG, MD,^{2,3}
LUKAS F. REISSIG, MD,² EVA PLACHETA, MD,¹ JULIA ROKA-PALKOVITS, MD,¹ THOMAS RATH, MD,¹
MING-HUEI CHENG, MD,⁴ WOLFGANG J. WENINGER, MD,² AND **CHIEH-HAN J. TZOU, MD^{1*}**

¹Division of Plastic and Reconstructive Surgery, Department of Surgery, Medical University of Vienna, Vienna, Austria

²Department of Systematic Anatomy, Institute of Anatomy, Center for Anatomy and Cell Biology, Medical University of Vienna, Austria

³Department of Radiology, Kaiser-Franz-Josef-Hospital, Vienna, Austria

⁴Division of Reconstructive Microsurgery, Department of Plastic and Reconstructive Surgery, Center for Tissue Engineering, Chang Gung Memorial Hospital, College of Medicine, Chang Gung University, Taoyuan, Taiwan

Background: Vascularized lymph node transfer is an effective surgical method in reducing lymphedema. This study provides the first detailed

Steinbacher J, Tinhofer IE, Meng S,..., Tzou CH. The surgical anatomy of the supraclavicular lymph node flap: A basis for the free vascularized lymph node transfer. Journal of surgical oncology. Jun 28 2016.

Vascularized Lymphnode Transfer (VLNT)

Vascularized **Lateral Thoracic** Lymphnode Transfer (VLNT)



Received: 18 April 2017 | Accepted: 3 July 2017

DOI: 10.1002/jso.24783

RESEARCH ARTICLE

WILEY 

The surgical anatomy of the vascularized lateral thoracic artery lymph node flap—A cadaver study

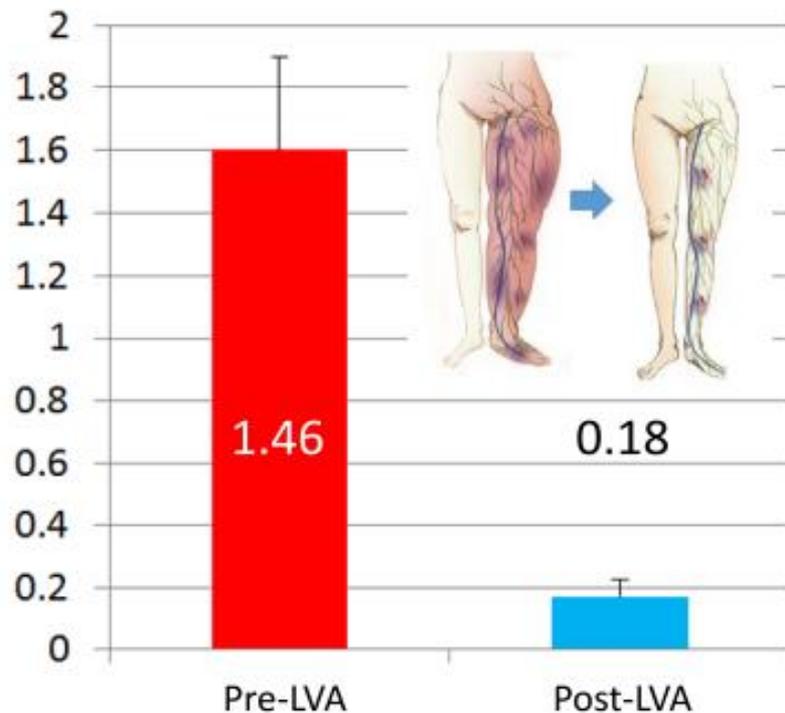
Ines E. Tinhofer MD¹  | Stefan Meng MD, PhD^{1,2} |
Johannes Steinbacher MD¹ | Julia Roka-Palkovits MD³ | Eva Györi MD, PhD³ |
Lukas F. Reissig MD¹ | Ming-Huei Cheng MD, MBA, FACS, PhD⁴ |
Wolfgang J. Weninger MD, PhD¹ | **Chieh-Han J. Tzou MD**

Tinhofer IE, Meng S, Steinbacher J, Roka-Palkovits J, ..., Cheng MH, Weninger WJ, Tzou CH. The surgical anatomy of the vascularized lateral thoracic artery lymph node. Journal of surgical oncology. Dec 2017;116(8):1062–1068.

Lymphovenous Anastomosis (LVA)

Cellulitis in lymphedema patients

Frequency of Cellulitis



Patients
n=95 (M 6, F 89)

| | |
|-------------|----|
| Primary | 7 |
| Secondary | 88 |
| Upper limb; | 11 |
| Lower limb; | 84 |
| Rd (+) | 29 |
| Rd (-) | 59 |

Mihara M, Hara H, Furniss D, ... Ohtsu H, Gennaro P, Gabriele G, Murai N. Lymphaticovenular anastomosis to prevent cellulitis associated with lymphoedema. *The British J Surgery*. Oct 2014;101(11):1391-1396.

Therapy Plan of Lymphedema Patients

Algorithm for Reconstructive Lymphedema Surgery

Lymphoscintigraphy to confirm diagnosis of lymphedema

CDT Complete Decongestive Therapy pre- and post-operative

Reconstruction before **Resection**

| | |
|-------------------------------|--|
| ISL 0 transient | CDT (Complete Decongestive Therapy) |
| ISL I reversible, mild | CDT, LVA |
| ISL II moderate | CDT, LVA, [Liposuction] |
| ISL III severe | CDT, LVA, VLNT, [Liposuction] |

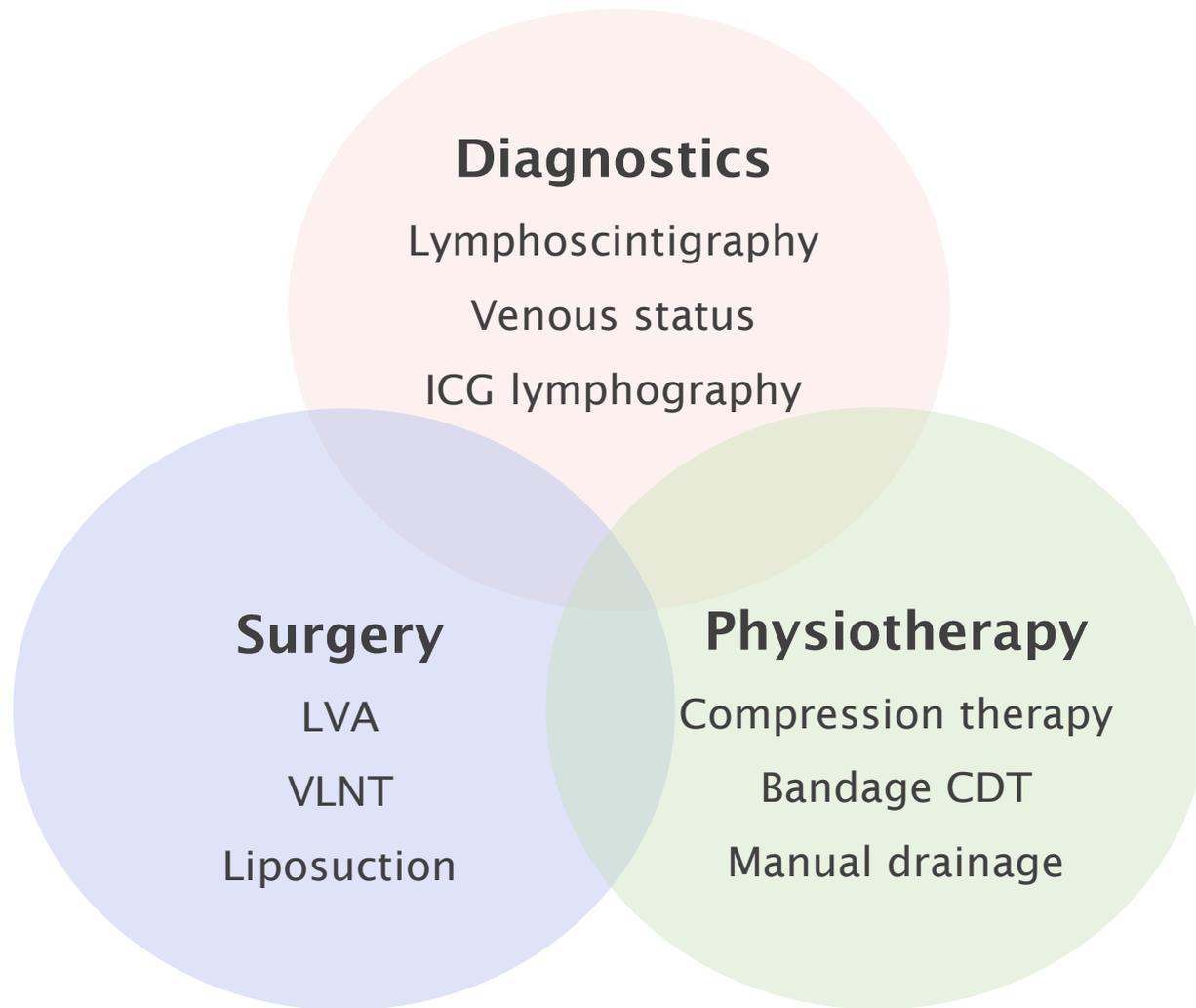
Therapy Plan of Lymphedema Patients

“... cooperation is the key to success ...”

Ming-Huwei Cheng M.D.

*Distinguished Chair Professor and Director
Department of Plastic Surgery
Chang Gung Memorial Hospital
Chang Gung Medical College & University
Taipei, Taiwan*

Therapy Plan of Lymphedema Patients



The Team



Priv.-Doz. Dr. Chieh-Han John Tzou
Leiter der Ambulanz für Plastische und
Rekonstruktive Chirurgie
chieh-han.tzou@khgh.at



Dr. Manon Czedik-Eysenberg
manon.czedik-eysenberg@khgh.at



Dr. Johannes Steinbacher
johannes.steinbacher@khgh.at



**Göttlicher
Heiland**
Krankenhaus Wien

Chieh-Han John TZOU, M.D.

Director of Plastic and Reconstructive Surgery Clinic

chieh-han.tzou@khgh.at | office@tzou.at | khgh.tzou.at

Department of Surgery

Hospital of Divine Savior, Vienna, Austria